ECLIPSE BALL STUDY GUIDE

The game of Eclipse ball is a combination of volleyball, badminton and tennis.

PLAYERS: Six to eight players are on the court at a time, with the remaining players rotating in.

COURT: An official volleyball court is used with a net height of 7’4”. A ball landing on the line is considered in.

GAMES: Played to 21 or when time is called. A team must be serving to score (except in a “play it” situation—see below) and must win by two points.

SERVE: All serves must be made underhand and off one bounce, from ¾ court or further back. The server only has one chance to get the ball over the net and in bounds. The serve is good if it hits the net and goes over the net.

SERVICE RETURN: The ball must be contacted with the racket. It is against the rules to catch and throw the ball. A front row player must let the ball bounce once on the serve; back row players may hit it on the fly or let it bounce.

PLAYING THE BALL:
1. Players cannot hit the ball more than two times in a row.
2. A team has unlimited hits to get the ball over the net.
3. Teamwork and passing the ball between players is encouraged.
4. When returning the ball, a player may not cross over or under the net, either themselves or with the racket.
5. Bounces off the wall and bleachers are allowed. Bounces off the ceiling are out of bounds.

Double Bounce Rule
The ball can bounce twice inbounds, one time, per side, per volley, the second double bounce results in a loss of serve or point, depending on which team was at fault.

“PLAY-IT” may be called by a team member, who decides to keep the ball in play, when the opposing team is at fault. The player calls “play it” before the ball is hit. The team winning the volley scores the points regardless of who served. “Play it” points are worth 2 points instead of 1.
SUMMARY OF RULES AND SCORING:

1. The serve is made from 3/4 court or further back. The serve is always underhand and off one bounce.
2. Only the serving team can score, except in a “play-it” situation.
3. A ball that lands on the line is always in bounds.
4. Balls that hit the net and go over while serving or during play are ALWAYS good.
5. Player rotation is like that in volleyball, clockwise. You may decide on the placement of players according to your strategy.
6. A player must not enter another team’s court in any way to play the ball. You may go out of bounds to play a ball that came from your team’s side of the court.
7. The ball hitting the ceiling is out of bounds.