

# 2011-2012

## RANDALL ATHLETICS

Dear Parents:

School policy requires 6th, 7th and 8th grade athletes to receive a physical exam prior to participation. The appropriate medical card may be picked up at the Junior High office or is available on the website. This card, along with the athletic contract at the back of the Athletic Handbook, must be returned before he/she may tryout or participate in an extracurricular sport during the upcoming school year. The Athletic Handbook will be distributed during school registration hours in August.

The school requires a physical for all students entering grade six. Since Grade 6 is the first opportunity for students to participate in athletics, their required physical will suffice in completing this requirement *as long as* the ***green*** athletic physical card is complete.

A medical waiver may be used in lieu of a physical every second year. Therefore, 7th graders must have the ***yellow*** athletic card signed by their parent or guardian.

Eighth graders must receive a physical for participation and submit the ***blue*** athletic card.

The physical, athletic contract and a permission slip for each specific sport need to be turned in on the following dates in order for your son/daughter to tryout:

Softball – ***Tuesday, September 6, 2011***  
Girls Basketball and Cheerleading – ***Tuesday, October 4, 2011***  
Boys Basketball and Cheerleading – ***Friday, December 2, 2011***  
Volleyball – ***Friday, February 17, 2012***  
Track – ***Thursday, April 5, 2012***

As we all know, doctor's appointments are sometimes difficult to acquire quickly. These forms are being given to you now so that you have ample time to make the necessary arrangements.

Have a fun, relaxing and enjoyable summer!

Sincerely,

Carol Nailor  
Athletic Director